

## HLTAID002 PROVIDE BASIC EMERGENCY LIFE SUPPORT (LEVEL 1 FIRST AID)

### DESCRIPTION

*HLTAID002 Provide basic emergency life support* covers the skills and knowledge required to recognise and respond to life threatening emergencies using basic life support measures only.

### COURSE COST / DURATION

Cost: \$95.00 per person  
Course duration: 4.5 hours (8:30am – 1:00pm)

Melbourne metropolitan area - minimum course cost based on 6 people  
Victorian country locations - minimum course cost based on 12 people

### COURSE CONTENT

- Respond in an emergency situation
- Apply identified first aid procedures
- Communicate details of the incident

*Casualty's condition is managed for:*

- |                                                                                                                                                                        |                                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| ▪ Signs of collapse                                                                                                                                                    | ▪ Choking / airway obstruction |
| ▪ Absence of signs of life: <ul style="list-style-type: none"><li>○ Unconscious</li><li>○ Unresponsive</li><li>○ Not moving</li><li>○ Not breathing normally</li></ul> | ▪ Severe allergic reaction     |
|                                                                                                                                                                        | ▪ Severe bleeding              |
|                                                                                                                                                                        | ▪ Chest pain                   |
|                                                                                                                                                                        | ▪ Asthma                       |
|                                                                                                                                                                        | ▪ Shock                        |

*First aid management includes:*

- CPR
- Resuscitation masks
- Puffer / inhaler & spacer
- Bandages

### REQUIREMENTS TO ACHIEVE THE QUALIFICATION

Competence may be demonstrated working either individually, under supervision or as part of a First Aid team.

Assessment will take place in simulated conditions that replicate first aid situations as realistically as possible. Participants will be given scenarios and provided with the appropriate materials to manage the situation. Where necessary this will include first aid equipment and resuscitation manikins.

The following knowledge & skills should be demonstrated in assessment:

- |                                    |                                           |
|------------------------------------|-------------------------------------------|
| ▪ Basic anatomy and physiology     | ▪ Calling an ambulance                    |
| ▪ Procedures for performing CPR    | ▪ Assess vital signs of casualty          |
| ▪ Safe manual handling of casualty | ▪ Infection control                       |
| ▪ AED awareness                    | ▪ Legal responsibilities and duty of care |
| ▪ Documentation                    | ▪ Auto-injector                           |