

HLTAID010 PROVIDE BASIC EMERGENCY LIFE SUPPORT

(LEVEL 1 FIRST AID)

Description

This course provides the skills and knowledge required to recognise and respond to life threatening emergencies using basic life support measures only.

The course is suitable for anyone new to first aid training and for those wanting to update or refresh their skills.

Course cost / duration

Cost: \$95.00 per person

Course duration: 5 hours (8:30am – 1:30pm)

Group bookings:

Melbourne metropolitan area - minimum course cost is based on a group of 6 people

Victorian country locations - minimum course cost is based on a group of 12 people

Course content

- Perform the steps of the DRSABCD basic life support action plan
- Use of an Automated External Defibrillator (AED)
- Cardiopulmonary resuscitation (CPR)
- Management of the unresponsive casualty
- Safe manual handling of a casualty
- Legal responsibilities / duty of care
- Standard precautions for infection control
- Medical emergencies such as: cardiac emergencies, anaphylaxis, asthma, choking, bleeding control, stroke and shock



Assessment

A Statement of Attainment will be issued on successful completion of a range of assessments. This includes multiple choice questionnaires, verbal interviews and the observation of practical skills such as following the prompts of an AED, completing CPR on a manikin on the floor, using first aid equipment and resources when providing first aid for asthma and anaphylaxis.

Statement of Attainment

HLTAID010 Provide basic emergency life support

All participants must provide a valid Unique Student Identifier (USI) prior to the release of a Statement of Attainment. If you do not have a USI you can create one on www.usi.gov.au.

The Australian Resuscitation Council (ARC) recommends renewing CPR skills on an annual basis. First aid skills should be renewed every three years.

Australian Education & Training
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